



# UHF

Ukraine  
Humanitarian  
Fund

# HelpAge

International

## Humanitarian needs of older women and men in government controlled areas of Donetsk and Luhansk oblasts, Ukraine

### Needs Assessment Analysis January 2020

#### About the project

HelpAge currently runs a project titled "UHF: Emergency multi-sectoral support to conflict affected vulnerable and disabled older women and men in settlements located in the 5km zone in the GCAs locations of Donetsk and Luhansk Oblasts" funded by the Ukraine Humanitarian Fund (UHF).

With this project, HelpAge aims to significantly improve access to humanitarian assistance and protection for older women and men, including those with disabilities that were affected by the conflict in Eastern Ukraine.

#### Methodology

The needs assessment exercise was conducted in the 20 settlements in the Government Controlled Areas of Donetsk and Luhansk oblasts (Bakhmutskiyi, Marinskyi, Novoaidarskiy, Popasnianskiy, Stanychno-Luhanskiy, Toretskiy, Volnovaskiy, Yasynuvatskiy) during January 2020 by HelpAge volunteers. Structured beneficiary interviews were conducted using a multidimensional Vulnerability Assessment Form (VAF). The survey covered 1,294 older people (who were pre-selected based on specific vulnerabilities), measuring their needs across income, protection, health, etc.

- 22.64% of older people were residents of Luhansk oblast, 77.36% were from Donetsk oblast
- 69.63% of total OP were older women
- 2.02% of the total number of older women and men interviewed had a registered disability. Although 74.73% of respondents had at least 1 significant or total disability according to Washington Group Questionnaire (only 2.5% of which had their disability status registered).
- 10.66% were internally displaced persons (IDPs). 37.68% of which are not registered as IDPs officially and do not receive any additional support from authorities.

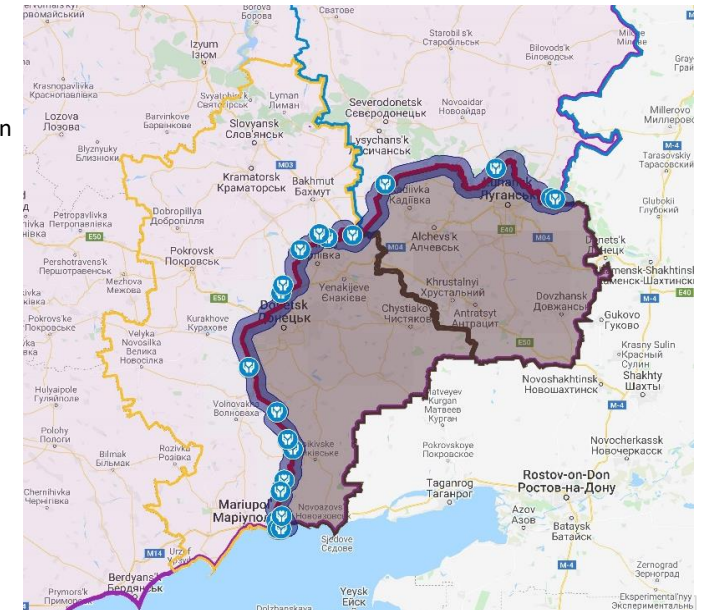
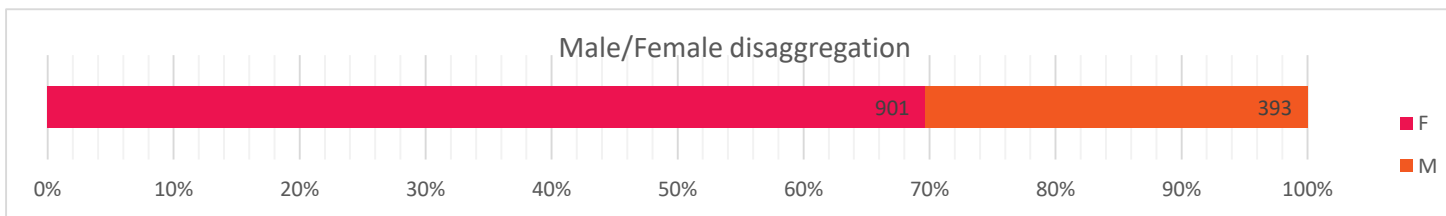
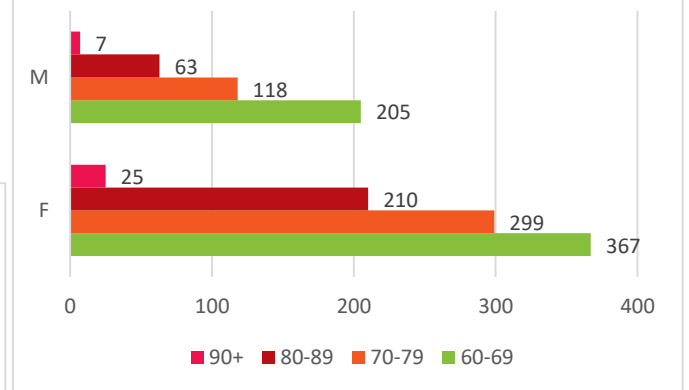


Chart is showing sex and age-disaggregation of assessed individuals



For more information, please, get in touch: [info.ukr@helpage.org](mailto:info.ukr@helpage.org); [helpage.org](http://helpage.org). Facebook: HelpAge Ukraine - Представництво HelpAge International в Україні



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### Key findings



#### LIVELIHOODS

- 98.07% of older women and men rely on a pension as their main source of income. For 94.56% of them pension is the only source of income.
- Older people spend the majority of their income on medicines (62.13%) and food (19.31%)
- 24.96% of older people are in debt, including arrears on utilities



#### PROTECTION

- 85.09% of older people are experiencing various conflict-related psychosocial issues
- 40.73% of older people report that they are living alone (81.59% women)
- 6.26% of older people (72.83% women) reported experiencing at least one type of violence and abuse



#### HEALTH

- 98.45% of people interviewed (69.93% women) have at least one chronic disease
- 62.91% of older people have limited mobility and partly in need of the help of others (71.49% women), 9.27% of OP are immobile



#### SHELTER / NFIs

- 92.04% of older people (70.36% women) report that they require NFI support
- 50.15% of older people (including 70.87% women) reported that they are in need of assistive devices (Toilet chairs - 45%; Canes - 44%; Walking frames - 19%; Crutches - 4%)



#### WASH

- 81.68% of older people (including 85.24% women) require basic hygiene items (89.49%) urological pads (39.35%) and diapers for adults (20.52%)
- 70.94% of older people (67.21% women) reported they have limited (89.65%) or no (10.35%) access to safe drinking water
- 50.77% have difficulties with access to sanitation (of which 83.71% have limited access, 9.43% - rare access, 6.84% - no access at all)



#### FOOD SECURITY AND NUTRITION

- 81.76% of older people (71.83% women) stated that they had to decrease their food intake during last 6 month
- 58.42% of older women and men indicate a lack of access to places of food purchasing

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