



Useful Links

Part 1: UPR Info

[UPR Info's website](#) includes information, guidebooks and all the documents related to the UPR. UPR Info's country pages (select: "UPR by Country" on our Homepage) include the previous "Other Stakeholders' Report" as well as all the reports submitted to the [OHCHR](#).

You may find UPR recommendations on [UPR Info's database](#).

If you have issues in viewing the video during the online session, you may watch on [youtube](#).

To read "The Civil Society Compendium: A comprehensive guide for CSOs engaging in the UPR", click [here](#).

For the French version, click [here](#).

For the Spanish version, [click here](#).

Please keep in touch:

Twitter, Facebook and Instagram: @UPRinfo

Email: stakeholders@upr-info.org

Part 2: Human Rights Measurement Initiative, how to use HRMI data in submissions for the UPR

You can find HRMI's data on the [Rights Tracker](#) and more information on our [general HRMI website](#), including:

- A summary of our [research credentials](#)
- The [list of countries](#) in our survey in 2021
- The list of most of our [country ambassadors](#) (some are not listed publicly for security reasons) – please contact yours if you would like to join the survey
- Our [security policy](#) and [advice for human rights defenders](#) on their own data security
- A collection of [country spotlights](#), using our data in talking about human rights in different places.
- The table comparing our indicators to the SDG indicators is [here](#).

For any enquiries, please email Thalia Kehoe Rowden: thalia.kehoerowden@motu.org.nz

We have made two short, animated videos explaining how and why we measure human rights:

- [Economic and social rights](#)
- [Civil and political rights](#)

You can also watch a short [demo video](#) on using the Rights Tracker, to refresh your memory, or share with a colleague. There's a range of other useful videos on our [YouTube channel](#).

Please keep in touch:

Twitter and Facebook: @rightsmetrics Newsletter sign-up: <https://humanrightsmasurement.org/blog/email-newsletter/>